

Enriched AEDP Small Supervision Group - Ongoing

DEEP's AEDP Small Supervision Group is for people who have had some exposure to AEDP, and who feel ready to dive in to intensive AEDP supervision, with videotape.

AEDP small supervision groups embody the idea of “receiving AEDP while learning AEDP.” That is, Candyce Ossefort-Russell (Certified AEDP therapist & former AEDP Training Faculty member) provides a safe and relationally grounded group context in which each group member receives individual supervision from videotapes of their clinical sessions, with the other members of the group watching and participating in a group supervision process. This way, supervisees can learn both from their own supervision and the supervision of others via exposure to many other patient-clinician and clinician-supervisor dyads. Candyce also provides didactic and process opportunities within this deep, rich, bonded group format. These groups tend to develop a culture of trust and generosity which allows the risk-taking of exposing one's work and which is uniquely suited for optimal experiential and reflective learning.

An AEDP small supervision group offers an intensive, synergistic, three-pronged approach to learning AEDP, similar to the core-training program. However, rather than meeting during an intensive weekend 5 times per year, the small group meets more frequently for shorter duration (see below). The three training opportunities inherent in the small supervision group are:

- (1) The development of an explicitly supportive and expansive collegial environment that can nurture the professional and community development of individual group members;
- (2) The opportunity to learn AEDP theory and technique through didactic presentations making extensive use of videotaped material; and
- (3) Individual supervision in a group setting, where Candyce is committed to maximizing learning by creating an individualized, accepting experience for all members within the context of the group process.

Group Make-Up: The group will consist of up to four licensed professionals who have had some exposure to AEDP, who are dedicated to learning AEDP, and who are committed to the group process.

Schedule: The group requires a year-long commitment, Fall through Summer, Wednesdays, 2:45-4:45pm, every other week

Location: Candyce's office, 2124 Bluebonnet Ln, 78704

Cost: \$80 per every other week meeting.
CEUs provided at no charge

About Candyce: I am a clinician, supervisor, trainer, and writer in private practice. My therapeutic perspective has emerged out of intensive life experience and rigorous training, and I have actively lived and studied psychological and spiritual perspectives of suffering and transformation for 20 years. I am the only certified AEDP therapist in the state of Texas, and I served on the AEDP Institute Faculty for 3 years. I trained for more than 5 years with Diana Fosha, AEDP Founder, and with Ron Frederick, AEDP Senior Faculty. I have extensive experience working from an AEDP perspective with individuals and groups in the areas of trauma, grief, life transition, depression, and parenting; as well as in teaching, leading groups, and supervising interns. I continue to study body-based therapies and updates in interpersonal neurobiology and attachment theory on an ongoing basis. My warm and emotionally engaged style provides a safe and connected atmosphere for growth and learning.

For More Info or To Apply: Contact Candyce at 512-789-6244 or candyce@candycecounseling.com.